DYNAMATIC TECHNOLOGIES LIMITED

CORONA

VIRUS

ADVISORY
HOW TO
WASH YOUR HANDS
WET, SOAP, THEN RUB:

1. PALM-TO-PALM
2. BACK OF HANDS + BETWEEN FINGERS
3. HANDS TOGETHER, FINGERS INTERLOCKED
4. BACK OF FINGERS AGAINST PALMS
5. THUMBS!
6. FINGERTIPS ON PALMS + WRISTS

...DRY WITH TOWEL + USE IT TO TURN OFF TAP

SOURCE: NHS UK

sketchplanations
Pour, don’t dip when sharing snacks
To minimise the spread of germs

- **X** Introduces germs from hands to the bag
- **✓** Keeps germs out
SNEEZES AND COUGHS

POWERFUL THINGS

SNEEZE  up to 8m

COUGH  up to 6m

ACHOO!

CAN LINGER FOR 10 MINUTES
DRACULA SNEEZE

SNEEZING INTO YOUR SLEEVE HELPS PREVENT THE SPREAD OF COLD AND FLU GERMS
BASIC PROTECTIVE MEASURES

Wash your hands frequently with soap & water

Maintain social distancing

Avoid touching your eyes, nose and mouth

Practice respiratory hygiene by covering your mouth and nose with your bent elbow or tissue when cough or sneeze

If you have fever, cough and difficulty in breathing, seek medical care at the earliest